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SERVING SAN JOSE STATE UNIVERSITY SINCE 1934

SPARTAN DAILY

VOLUME 123, NUMBER 56

WWW.THESPARTANDAILY.COM

WEDNESDAY, NOVEMBER 17, 2004

WATCH THE FINGERS



Benjamin Favela / Daily Staff

Graduate student Cynthia Chase hands a squirrel a peanut while she studies by a tree next to the University Room. Chase, who is working toward her master's degree in social work, said she sits on the lawn every Monday for three or four hours between classes, feeding nuts to campus squirrels. "They're horribly destructive," Chase said. "But they're cute."

Student views on Iraq differ

Some discontent, others terrified

By Kenneth Seli
Daily Staff Writer

With President George W. Bush winning the presidency for a second term, the San Jose State University campus community remains split.

Many still feel a sense of discontent with the decision to keep troops pushing on in Iraq in places such as Fallujah.

Federico Murillo, a senior accounting major, said the most frustrating aspect of the war is the convoluted information the government has provided regarding the war.

"A lot of people are dying there and the reason is unclear," Murillo said. "The only reason they're sending people is to achieve peace, but it causes more discontent."

Murillo said President Bush may have good intentions, but he does not do enough to accommodate the culture of the Islamic population in the Middle East.

"Here in the United States, the best form of government is democracy," Murillo said, "but that might not be the best thing for Iraq. They have to be sensitive to the culture."

Others believe the president's efforts in Iraq are still necessary.

Shibu Thampi said he supports the president in his quest to root out insurgents in Iraq.

"I'm for it even though I don't like all the American soldiers dying right now," Thampi said. "Slowly we are progressing in our goal of eradicating terrorism."

Thampi said Bush should be allowed to finish the mission he set out to do and that he feels more secure that Saddam Hussein was eliminated as a threat.

Karen Gill, a junior in microbiology, said she becomes emotional when hearing news from the war.

"I'm terrified of the people in control," Gill said about the decision makers in the Iraq war.

The intent of America's founding fathers is not being respected, Gill said.

"Freedom, liberty and the pursuit of happiness is being stifled by (the blind search) for terrorism," Gill said.

Gill said she is worried that more people will

see IRAQ, page 7

Movie industry fights illegal downloading

Penalties to be implemented for pirating

By Kenneth Seli
Daily Staff Writer

If the movie industry has its way, many people will be paying damages for pirating movies.

The Motion Picture Association of America stated in a recent press release that stiff penalties would be put in place for people who pirate copyrighted movies and related materials, and that studios will sue many file sharers who attempt to download movies illegally.

The measure is similar to the lawsuits and penalties administered to people who downloaded music files from producers in the music industry.

According to the Motion Picture Association of America, their new campaign, titled "Rated I," which stands for "Illegal Download-

ing: Inappropriate for all ages," is meant to battle the wave of movie piracy and illegal peer-to-peer file sharing of motion-picture material.

The peer-to-peer file-sharing methods that the Motion Picture Association of America is focusing on are the illegal downloading of movies through services such as Morpheus and Gnutella.

The services transfer music, movies and computer programs from one Internet user to another without payment to the producers of the material.

"The motion-picture industry must pursue legal proceedings against people who are stealing our movies on the Internet," said Motion Picture Association of America President and

see MOVIES, page 3

Alumnus urges SJSU to change name

By Emmanuel Lopez
Daily Staff Writer

The debate whether or not to change San Jose State University's name continues to spark controversy among students, faculty and administration.

The debate has gained renewed life after Cal State Hayward successfully put together a proposal that would change its name to "CSU East Bay."

The CSU Board of Trustees was given the proposal at its Tuesday meeting to decide if it is a voting matter.

If the Board of Trustees deems the proposal to have merit, it would vote on the proposal in its January meeting.

On one hand, there are those who insist that the current name remains intact, while others believe a name change would help boost the university's national profile, which in turn would aid athletics.

Michael Harold, founder of the group Go State!, which calls for SJSU to adopt a name that reflects its status as a state-run university, said the cur-

rent name creates an extremely narrow identity.

"Our current name has a super-localized identity attached to it," Harold said. "It really hurts our ability to attract students nationwide."

Harold, who earned his master's degree in business marketing from SJSU in August 2003, said he came up with Go State! after reading online discussions at the Spartan Thunder Web site.

"I posted the idea on the message board and a lot of people liked it," Harold said. "And so Go State! was born."

Harold said other schools such as UC Berkeley, Ohio State University and Washington State University enjoy strong recognition because of they choose to embrace their state identities in their names.

"State identity is an extremely powerful force," Harold said. "Even more so than a city identity."

Steve Shuy, a sophomore international business major, agreed with

see NAME, page 3

Woman sexually assaulted on Sunday

By Anna Molin
Daily Staff Writer

A female San Jose State University student was sexually assaulted by an unidentified male on Sunday morning at the west stairwell of the Fourth Street garage, according to a University Police Department press release.

A staff member had contacted campus police around 8 a.m. to request "a welfare check" of a woman sleeping on the staircase inside MacQuarrie Hall.

The victim told the responding officers that the suspect had

see ASSAULT, page 7

Obesity proves heavy burden

By Anna Molin
Daily Staff Writer

With the majority of the U.S. population classified as overweight or obese, some students have witnessed firsthand as friends and family members struggle with excess pounds and the health dangers that ensue from this second-leading cause of death in the United States.

Devi Johnson-Evans, an undeclared sophomore, said she had a high school friend who suffered from chronic obesity, a disease that ran in her family.

"She was actually so big that if she wanted to get a tummy tuck, they told her she would have to lose 50 pounds by herself before they could even do the procedure," Johnson-Evans said, adding that her friend, who is 5 feet 1 inch tall and weighs about 400-plus pounds.

"It affected everything — her social life, her business life — she would even get turned down (for) job opportunities because she couldn't fit in the chair," Johnson-Evans said.

Obesity affects nearly 30 percent of the population, or 60 million people, in the United States, where about

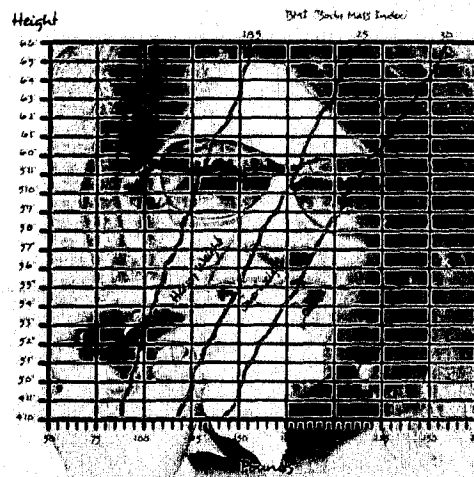


Photo Illustration by Jason Fithian / Daily Staff

65 percent, or 127 million people, are considered overweight, according to the National Center for Health Statistics.

Although the rate of overweight

and obese people tends to increase with age, nearly 55 percent of 20- to 34-year-olds are overweight, out of

see OBESITY, page 3

LACAYO MUNDO

How a simple man's opinion almost inspired an upset

On Saturday, the San Jose State University football team finally played like it belonged in Division I-A and all it took was some bad press.

On Friday, Spartan Daily sports editor Mark Cornejo predicted in his weekly column that our Spartans would get blown out by Boise State University 108-6.

Apparently the football team took exception to the exaggerated prediction of losing by 102 points.

By taking the then-No. 10-ranked team in the Bowl Championship Series to double overtime, our Spartans almost pulled off the biggest upset in college football this season.

After coming oh-so close to becoming the subject of an ABC movie of the week, head coach Fitz Hill still had Mr. Cornejo's predicted massacre on his mind and wasn't shy in talking about it in his post-game press conference.

Art Spander of the Oakland Tribune even devoted two paragraphs of his column to the situation.

"The guy in the Spartan Daily (ticked) them off," Spander quoted Hill as saying. "He said we were going to get blown out by 100."

Hey Coach — tell us how the team really felt.

But wait, this story not only reached the pages of the Oakland Tribune but it was also mentioned in Tuesday's San Jose Mercury News.

During Hill's weekly press conference on Monday, he was

still upset over the prediction and made it known to the press in attendance that it helped fire up his team before the game.

"He has the right to what he wants to say; it's a free world," Hill was quoted in the Mercury News. "There may have been positives that came out of it, that our guys just got tired and fed up. So maybe he should write it again this week."

Maybe he should write it again?

I know it is very common in sports to use bulletin-board material to help fire up a team, but talking to the press about it after the game and devoting a portion of your weekly press conference to it is a little lame, Coach. Your football team just played a great game — get over it.

Also, what does it say about the ability of the coaching staff that they needed a Spartan Daily columnist to motivate the team?

I'm sure my colleague over at the sports desk would love to help out the football team this Saturday against the University of Tulsa — just remember to send him a "thank you" card or a fruit basket this time.

The fact that so much of the post-game chatter had to do with one column is ridiculous. Does University of Southern California football coach Pete Carroll or Florida State Uni-

versity football coach Bobby Bowden lose sleep over negative press? Probably not — they're too busy running real football programs.

Maybe Coach Hill takes exception to this specific criticism because it came from one of his own "constituents".

I hate to break it to everyone, but the Spartan Daily is a newspaper, not a newsletter put out by the athletics department or the SJSU administration.

When the team performs well, we'll give you props. And when you underachieve, we'll call you out on it.

That fact is, some of the columnists here at the Spartan Daily would make very ugly cheerleaders.

Instead of throwing darts at Mr. Cornejo's picture in the Spartan Daily, Coach Hill should be talking about how the underdog Spartans were able to take the best team in the Western Athletic Conference into overtime.

It's great that our Spartans gave Boise State a run for its money, but they were expected to get blown out for a reason. Those problems have not simply disappeared with one spirited performance.



ERIK LACAYO

The Spartans have a record of 2-7 with one of those wins coming against Morgan State University, a Division I-AA school. These are still the same Spartans that lost to Southern Methodist University earlier this season, ending that school's 15-game losing streak.

These are the same Spartans who are currently riding a five-game losing streak and haven't had a winning season since Hill has been head coach.

Let's not also forget the start time of Saturday's game was moved from 2 p.m. to 9 a.m. for the benefit of ESPN and the Boise State fans back in Idaho. Obviously being treated like second-class citizens during our own home game is a good way to promote Spartan pride.

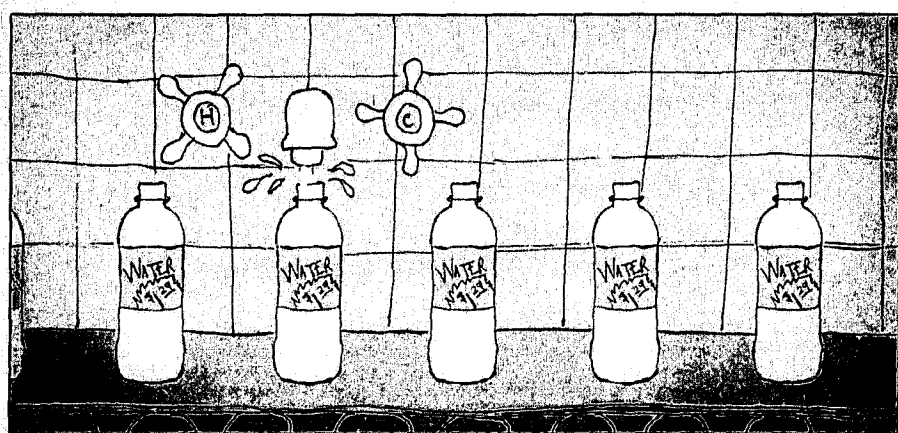
Hopefully the football team can motivate itself and build on Saturday's performance to win its final two games of the season. An upset against Fresno State University on Nov. 27 would be sweet — especially since the start time is still scheduled for 2 p.m.

If it helps the cause, here's my prediction for this Saturday's game against Tulsa — Tulsa 346, SJSU 3.

Erik Lacayo is the Spartan Daily opinion editor. "Lacayo Mundo" appears every Wednesday.

THOUGHT CRIMES

KONSTANTIN ABADJIEV



BOTTLED WATER, IT'S LIKE SODA WITHOUT THE CARBONATION AND LOW PRICE

SPARTA GUIDE

Sparta Guide is provided free of charge to students, faculty and staff members. The deadline for entries is noon three working days before the desired publication date. Entry forms are available in the Spartan Daily office in Dwight Bentel Hall, room 209. Entries can also be e-mailed to spartandaily@casa.sjsu.edu titled "Sparta Guide." Space restrictions may require editing of submissions. Entries are printed in the order in which they are received.

TODAY

School of Art and Design

An art exhibition featuring student galleries will take place from 10 a.m. to 4 p.m. in the Art building. The art of the Spartan Daily by Kevin Nguyen will be on display in the Art building in gallery eight on the third floor. For more information, call the gallery office at 924-4330.

Art History Association

A meeting to discuss Art History Day on Friday will take place at 11:45 a.m. in the Art building, room 329. For more information, call (831)469-0332.

Hope Christian Fellowship

A Bible study will take place from noon to 1 p.m. in the Pacifica room in the Student Union. The reliability and relevance of the Bible will be discussed. For more information, call Pastor Brad Abley at 225-4574.

Catholic Campus Ministry

Daily Mass will take place at 12:10 p.m. in the Catholic Campus Ministry Chapel. A candlelight worship will take place from 7 p.m. to 7:45 p.m. in the Spartan Memorial. The "Bible and You" will take place from 7 p.m. to 8 p.m. at the ministry. For more information, call Sister Marcia Krause at 938-1610.

Counseling Services

An Asian, Asian American and Pacific Islander discussion series will take place from 3 p.m. to 4:30 p.m. in the Mosaic Cross Cultural Center in the Student Union. A social-skills group will take place from 3:30 p.m. to 5 p.m. in Counseling Services. For more information, call 924-5910.

Career Center

A job search club will meet from 3:30 p.m. to 5 p.m. in Building F. For more information, call 924-6031.

Financial Management Association

A speaker from Becker's Review will give a presentation at 4:30 p.m. in the Almaden room in the Student Union. For more information, call 674-1599.

Student Advocates For Higher Education

"Dream Act," an educational forum with Dr. Julia Curry-Rodriguez, will take place from 5:30 p.m. to 6:30 p.m. in the Mosaic Cross Cultural Center.

Gay Lesbian Bisexual Transgender Allies

A general meeting will take place from 5:30 p.m. to 6:30 p.m. in the Costanoan room in the Student Union. For more information, call Anne at 924-6500.

Asian American Christian Fellowship

A meeting will take place at 6:30 p.m. in the Pacifica room in the Student Union.

Women's Resource Center

An informational meeting for "SJSU V. Day 2005" will take place at 7 p.m. in the Montalvo room in the Student Union. The meeting will be for "The Vagina Monologues" performers. For more information, call 924-6500.

SJSpirit

A Christian prayer service will take place at 7 p.m. in the Spartan Memorial. For more information, call Chaplain Roger at 605-1687.

Youth for Christ

A general meeting will take place at 7:30 p.m. in the Costanoan room in the Student Union. For more information, call 431-2659.

A.S. Child Development Center

An online silent auction will be taking place until Nov. 30 at http://www.as.sjsu.edu/childcare/silent_auction.jsp. Items include tickets to Disneyland, Great America and other entertainment events.

GUEST COLUMN

Assuming someone's race can be a form of rudeness

Some people say Asians look all the same — that they can't differentiate between Chinese, Korean and Japanese.

I agree that they have similar features, and I sometimes can't tell what specific type of Asians they are.

But wait a second.

What about other ethnicities? I have no idea about the specific backgrounds of whites, blacks, Latinos or Arabs are until they tell me.

However, when I'm with my non-Asian friends, people ask me what kind of Asian I am, but they don't ask my friends what specific nationalities they are.

After I tell them I'm Japanese, some people say, "I can't tell how Asians are different. They look all the same." Thank you for the extra comments, but those particular words often make me uncomfortable.

I feel we Asians are more often asked what our nationalities are than other ethnic groups.

One of my roommates is from Kenya, but when I met her for the first time, I thought she was African American until she told me she's an international student.

One day, my roommate told me how East and West Africans look different.

As some people can't differentiate Asians, I can't differentiate East and West Africans easily, even after my roommate has told me how they look different.

However, I don't say in front of people, "Africans look all the same, I can't tell the difference."

I usually answer easily when people ask me, "Where are you from?" However, I sometimes don't want to answer depending on the way people ask me.

About a month ago, I was standing at a bus stop, and a man started talking to me. I'm often annoyed when people talk to me at the bus stop, but I have no reason to ignore them.

However, this man really annoyed me. After I said a couple words to the man, he said, "You have an accent. Where are you from? Are you Chinese? Korean?"

I don't know why, but I didn't feel comfortable to telling a stranger about myself.

So I said, "Should I tell?" Of course the man didn't expect this kind of answer, so he didn't catch what I said.

Then he asked me very slowly, "W-h-e-r-e-a-r-e-y-o-u-f-r-o-m?" probably thinking I didn't understand English well.

The way he asked me made me upset, so I answered him, "S-h-o-u-l-d I t-e-l-l?" exactly the same way as he spoke to me.

The man was surprised, and started apologizing to me. However, I just ignored him because I felt if I needed to tell who I am, the man has to tell me what specific ethnic background he was.

I am from a different country, so I can tell where I am from.



YASUYO NAGATA

However, if I were Japanese-American and people asked me, "Where are you from?" I would be upset.

One day my friend was waiting in a line to pay at the store, and another line opened. However, instead of a clerk saying "I can help you the next customer here," he or she made a gesture to come to the next line. My friend thought the clerk maybe guessed he couldn't understand English, so the clerk made the gesture.

However, my friend thought if the clerk did the exactly the same thing to Asian Americans, who understand English perfectly, it would be very rude.

Another one of my Japanese friends told me that one day a man asked her what kind of Asian she is. However, before she answered, he thought my friend was Korean, and he asked her, "So, are you from North or South Korea?"

My friend said she gave the man a blank look. Do you know why? It's not because my friend isn't Korean that she couldn't tell him if she was from North or South Korea.

The poor man. He needed to be better educated about other countries. If the man knew about the current situation in North Korea, he didn't need to show off his ignorance. It's very difficult for North Koreans to leave the country because of its restrictive government, thus if she were Korean at all it would be more likely she was from South Korea.

I'm not saying people should stop asking questions when they see Asians. I also often ask other Asians what their ethnicities are.

In fact, when Japanese people see non-Asian-looking people in Japan, they often tend to think those foreigners are Americans.

When I was a high school student in Japan, my friend and I saw a Caucasian man. We said "Hello" to him, and he asked us in smattering Japanese why we spoke to him in English. He was French.

After I came to the United States, I finally understood how that French man felt. He was probably often annoyed to be spoken to in English or considered an American.

I can't tell the specific ethnicities of Caucasians because they look all the same to me no matter if they are American, French, Australian or English.

If people can't tell Asians' specific ethnicities, Asians also may not be able to tell what specific ethnic backgrounds of whites, blacks, Latinos or Arabs are.

People can still ask what ethnicities others are, but they don't need to make rude extra comments such as "Asians all look the same" or "I can't differentiate."

Yasuyo Nagata is a Spartan Daily staff writer. Guest columns appear every Wednesday.

Letter: Argument about KSJO was distasteful

Dear editor,

I would like to voice my own opinion on Elizabeth Nguyen's Friday column. It is not the topic of Ms. Nguyen's opinion with which I quarrel; rather it is how she tries to get across her point of view. I could go off on a long tangent over her "corporations dictated by the greed of capitalism" line, but that would fall on deaf ears from someone who takes a page out of Michael Moore's playbook. While criticizing the "must-haves" who shop at those stores to be "unique," I wonder where Elizabeth got that very cool hat she wears in her picture. Talk

about wanting to be unique.

No, my argument centers around advocating casual sex, binge drinking, illegal drugs and criminal acts of piracy to express her disdain for Clear Channel and its decision to change KSJO's music format. Now, do I think Nguyen had her tongue squarely in her cheek? Absolutely. Do I think her choice of alcohol, sex, drugs and crime helped prove her point? No way. Was it funny? Not even close. Don't get me wrong, I am far from an old fuddy-duddy or prude, but a newspaper of the stature of the Spartan Daily should have a high threshold when it comes to the Opinion Page, or any page

for that matter.

Ms. Nguyen showed me nothing as a writer. She took the Robin Williams "grab your crotch" easy way out. Instead of trying to write a thought-provoking piece on the dangers of media mergers, she turned to a sophomoric attempt to amuse the reader. It failed miserably. My advice to Elizabeth? Don't use this clipping in your job hunt.

Charlie Caudill
Substitute Teacher
Journalism & Mass Communications

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SPARTAN DAILY (USPS#509-480) is published every school day for (full academic year) \$40 and (semester) \$25. Periodicals postage paid at San Jose. Mail subscriptions accepted on a remainder of semester basis. Spartan Daily, San Jose State University, One Washington Square, San Jose, CA 95192-0149

POSTMASTER: Send address changes to the Spartan Daily, San Jose State University, One Washington Square, San Jose, CA 95192-0149

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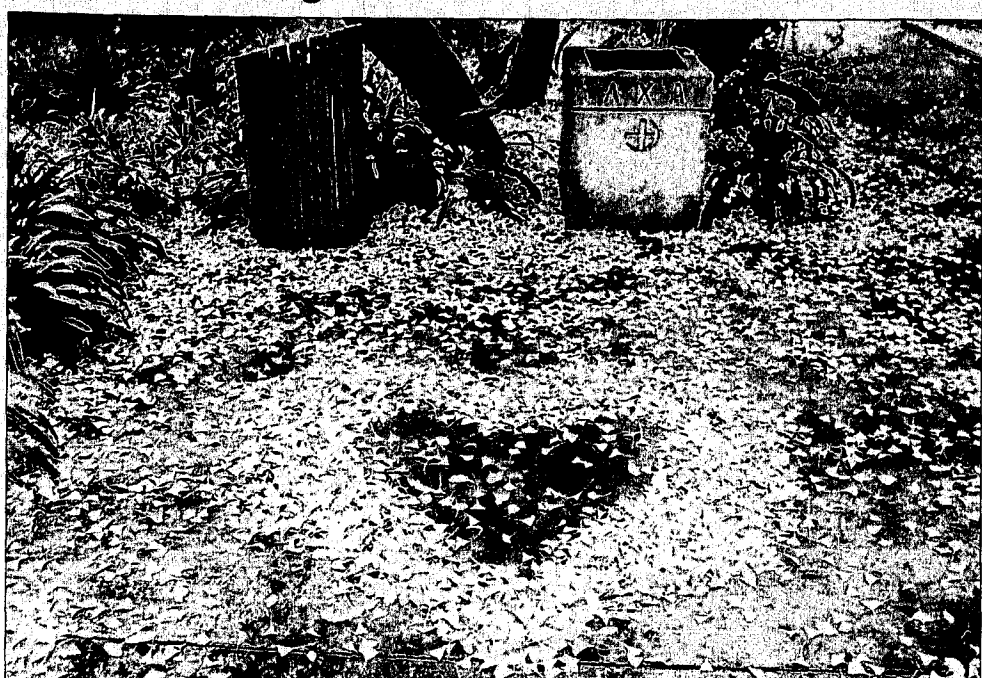
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Love at first sight ...



Leaves were placed in the shape of a heart outside the Seventh Street garage on Sunday. Don Hoekwater / Daily Staff

NAME | 'It's pretty trivial.'

continued from page 1

Harold and said people have an easier time finding out where certain states are than cities.

"Take Oregon State, for example," Shuy said. "The school's in Corvallis. Would people be able to figure out where the school is if they were called 'Corvallis State University?'"

Harold said the school should change its name to commemorate its status as the first public institution of higher education in California.

"It wouldn't be fair to avoid embracing that city-state dual identity," Harold said. "It's a travesty the school refuses to acknowledge that fact (that the university is the first public university in California)."

Mike Hentrich, a graduate student in business administration, said he thinks changing the university's name would make it stand out in terms of athletics.

"I envision SJSU as representing the entire CSU system," Hentrich said. "Seeing 'Cal State' on a sports t-shirt or a box score and knowing that's us would be amazing."

Hentrich, who did his undergraduate work at Cal State Hayward, said he was attracted to SJSU because it was the nearest school that had Division I-A athletics programs.

A name change might make it easier for recruiters to get better players from across the nation, Hentrich said. "I think it gives recruiters an easier time explaining where we are and what we're all about," Hentrich said.

Shuy said the current name doesn't promote the kind of geographical diversity that other schools have.

"I've talked to a lot of people here and they're from in the state," Shuy said. "In fact, a lot of them are from the Bay Area. It's like being at a community college."

Having a campus in a downtown area shouldn't be an excuse, Shuy said.

Shuy said the University of Southern California is also located in a downtown area, but still continues to enjoy strong national recognition.

"It works because everyone knows where Southern California is," Shuy said.

Not everyone is receptive to the idea of a name change.

Meredith Moran, director of Student Life and Leadership, said the school takes pride in keeping the same name for so long.

"There's a great deal of pride at this university for having the same name over all these years," Moran said. "It's something we fought the system over."

Annette Nellen, chair of the Academic Senate, said the current name was the result of a hard-fought battle between the California State University system and the university.

SJSU was briefly known as CSU San Jose in 1972, when it joined the CSU system, Nellen said.

"The students and faculty hated it," she said. "There was a huge push to change the name back to San Jose State."

back to the previous name of SJSU.

Nellen also said the name should remain because it is distinct compared to the other 23 CSU campuses.

"We're only one of four campuses that don't use the CSU-city designation," Nellen said. "If we changed our name, we'd sound like all the other CSU schools."

The other three schools that do not use the CSU-city designation are San Francisco State University, Humboldt State University and San Diego State University.

Fresno State University is not the official name of that school, said Thomas Uribe, university communications staff member at Fresno State.

"California State University Fresno is what appears on official university letterheads and documents," Uribe said. "Fresno State is our designated alternate name for media stories."

Uribe said Fresno State proposed the alternate name and had it approved in the 1980s.

Clara Potes-Fellow, representative for the Chancellor's office, said the board of trustees must approve all university name changes or alternate name designations.

"There's no set policy on how a school can go about changing its name," Potes-Fellow said. "It depends on each university and their timeline."

Some students were also skeptical about the positive effects a name change might bring.

"I don't think it matters what we're called," said Al Sado, a senior computer engineering major. "Our name stands out from the other CSUs."

Sado said if someone could provide concrete proof, such as statistics, that a name change would be beneficial, he might be receptive to the idea.

Tim Opyd, a junior kinesiology major, said a name change wouldn't have much effect on the school's national profile.

"It's pretty trivial," Opyd said. "I think we should let our academic reputation speak for itself. It's pretty good."

Opyd said if prospective students were interested in SJSU, they'd be inclined to do the research to learn about the university.

Interim President Don Kassing said in a press conference on Nov. 10 that the fact there is even a debate is a good thing.

"I think it's good energy," Kassing said. "It shows that people care about our school."

Sylvia Hutchinson, director of communications and public affairs, said there hasn't been any formal initiative for a name change from students, faculty or administration.

Hutchinson added that the campus is welcome to voice its concerns to the administration.

"Everyone's entitled to their own opinion," Hutchinson said. "We're receptive to new ideas from our campus community."

TIMELINE OF SAN JOSE STATE UNIVERSITY

- 1857**
George W. Minns founds California's first public institution of higher education, located in San Francisco.
- 1862**
The Minns School becomes California State Normal School.
- 1871**
The State Normal School moves to San Jose.
- 1881**
A branch campus is established in Los Angeles. This branch later becomes UCLA.
- 1887**
The State Normal School becomes San Jose State Normal School.
- 1910**
Tower Hall (State Historic Landmark No. 417) and new facilities replacing those damaged in the Great Earthquake of 1906 are dedicated.
- 1921**
The school is renamed San Jose State Teachers College.
- 1935**
The college becomes San Jose State College.
- 1949**
San Jose State College awards its first master's degrees.
- 1961**
San Jose State College is incorporated into the California State Colleges (now the 23-campus California State University system).
- 1972**
San Jose State College becomes California State University, San Jose marking the achievement of university status.
- 1974**
CSU, San Jose is renamed San Jose State University.
- 1990**
The number of students tops 30,000.
- 1991**
Campus reaches cultural pluralism, with no ethnic majority.
- 1994**
San Carlos Street is closed, from Fourth through Tenth streets, unifying the campus.
- 1996**
SJSU begins competition in the Western Athletic Conference. The city and the university celebrate the official opening of Paseo de San Carlos.
- 2000**
Construction begins on the new joint city/university library — the first such collaboration between a major city and the university in the nation.

SOURCE:

"San Jose State University: An Interpretive History 1950-2000" by James P. Walsh.

MOVIES | Governor supports action

continued from page 1

CEO Dan Glickman in a prepared statement. "The future of our industry, and hundreds of thousands of jobs it supports, must be protected from this kind of outright theft using all available means."

Full-page ads have been taken out in many newspapers warning people of the wave of litigation to come.

Gov. Arnold Schwarzenegger, who starred in many major motion pictures, released a statement supporting the Motion Picture Association of America.

"This year, I signed an Executive Order (S-16-04) banning the trafficking of illegally duplicated copy-right material using state-owned resources, as well as legislation that made Internet piracy a crime," Schwarzenegger said in the release.

Maziar Moezzi, operations coordinator of the Associated Students Computer Services Center, said their center enforces a campus policy that was enacted by former interim President Joseph Crowley that ruled against illegal file sharing on the campus.

Moezzi said after the enforcement of the policy, he has had few problems with illegal file sharers.

"Since (the policy was enacted), we don't have an issue anymore," Moezzi said. "(They are blocked) in the campus firewall — they would not be able to install peer-to-peer programs on

our computers."

Christina Reeves, an undeclared freshman, said the motion picture industry is cheap to squabble over a few lost sales.

"I don't think it's right (to sue file sharers)," Reeves said. "It's a petty excuse to put someone in jail to (seek damages). They should find ways to get people to stop."

Reeves said she has never downloaded a movie illegally, but has downloaded music without paying for it.

"I see both sides of the issue," Reeves said, "but as a college student, I don't have the money to buy a \$20 (compact disc)."

Jared Morre, a film and cinema sophomore, said many artists have become obsessed with sales rather than attempting to convey their arguments against piracy.

"I think that's a cheap way for artists to get their money," Morre said. "I'm not mass producing it — it's for my own personal benefit."

Morre also said he has downloaded only music and not movies.

Nicholas Hinrichs, a freshman mechanical engineering major, said the movie industry is justified in its actions to pursue people who download movies without payment.

Hinrichs said people who obtain media without paying for it are stealing.

"It's illegal," Hinrichs said. "If I was the one making movies for money, I wouldn't want people doing that."

"I don't have the money to buy a \$20 (compact disc)."

Christina Reeves, student

OBESITY | Estimated 8,000 to 9,000 are obese at SJSU

continued from page 1

which about 25 percent rank as obese.

In addition, overweight children and teenagers currently represent about 16 percent of America's youth, an increase of more than 265 percent since 1980.

Oscar Battle Jr., coordinator for health education at San Jose State University, said although the campus does not collect statistics on how many students are overweight, one could extrapolate the general U.S. statistics to any diverse population, including SJSU, and reach a rough estimate.

"You would be taking about 8,000 to 9,000 people who are obese at San Jose State," Battle said.

He said obesity has encroached upon smoking as the leading health problem in the United States.

According to the American Obesity Association, obesity kills more than 300,000 people each year.

Battle said to his knowledge the Student Health Center has not dealt with any obesity-related deaths.

However, obese and overweight people struggle with numerous other health threats, such as coronary heart disease and cardiac and respiratory problems, Battle said.

Jim Costas, a junior biology major, said his father died at the age of 48 because of an enlarged heart, a condition exacerbated in part because of his lifelong battle with obesity.

"My dad was very unhealthy," he said. "It is sad because he died early and missed out on a lot of things in life. It has made me want to be more healthy."

Cecilia Manibo, a staff physician at the Student Health Center, said some other long-term problems obese and overweight people might face include high blood pressure, high cholesterol and the risk of diabetes.

"Because the majority of the students who are overweight that we see are young, the long-term effects of obesity may not be evident yet," Manibo said. "Our main concern is that later in life it will manifest itself."

Nonetheless, some people develop high blood pressures in their 20s as a result of excess bodyweight, she said.

"I have had a few students who have been able to lose the weight and their blood pressures improved," Manibo said.

In addition, excess body weight tends to affect self-esteem and energy levels, Manibo said.

"Also, the extra weight probably compresses the organs in the body, including the lungs, so it decreases their lung capacity too," Manibo said.

Furthermore, some obese and overweight people suffer from obstructive

sleep apnea, a condition that causes them to stop breathing at times when they sleep.

"They may have episodes where they stop breathing because they have all that extra weight," Manibo said. "The extra tissue in the neck may block their airways."

Obesity is determined using a mathematical calculation called body mass index (BMI). Persons who have a score of 25 or more are considered overweight, while those with a score of 30 or more are considered obese.

Johnson-Evans said although she might clinically be considered obese, she does not think of herself as overweight.

"I think students who say they are too busy are fooling themselves."

Jim Costas, student

"I have had a meeting with a nutritionist just to learn how to eat better," she said. "It is kind of difficult being in college and always being on the run. You don't always have time to cook your food or be 100 percent aware of what is going into your food."

Manibo said in addition to busy schedules, some students might have limited access to healthy foods.

Shauna Yelnick, a graduate television, radio, film and theatre major, said she tries to seek out healthy foods, but sometimes has trouble finding what she wants on campus.

"It seems like on campus there aren't too many options for healthy eating," she said. "It seems like the places to get something to eat on campus are pretty far away."

In addition, some students feel they are too busy with other responsibilities to fit exercise into their daily schedules.

"I feel it is a luxury (to exercise) just because I am so busy with school and just reading and doing papers," Yelnick said. "It's like I have to write a paper but I don't have to exercise, and if I take time away from school, I feel guilty."

Yelnick said in addition to being a

graduate student, she also works part-time and commutes from the Peninsula twice a week.

Manibo said long commutes tend to make people more inactive as does ease of transportation.

Battle said modern technology has enabled people to become sedentary.

"We want to get to things quickly and we don't want to walk anywhere," Battle said. "People will drive around five times in the shopping center to find a place up close, when they could have walked and saved some gas."

Battle listed multiple reasons as to why obesity has become an epidemic problem in the United States.

For example, he said people's perceptions of what constitutes a serving size have changed, as people tend to eat because they "like the food" rather than to satisfy hunger.

In addition, people have become obsessed with the "quick fix" for any problem, an attitude switch that places the responsibility on anything but the individual.

"We have an attitude that it is not my fault — I am just too busy," Battle said.

Costas said although he is currently taking 21 units, he still finds time to exercise at least three times a week.

"Maybe I am more motivated (to exercise) because of my experience with my dad," he said. "I think students who say they are too busy are fooling themselves, because they are just going to suffer the consequences later on."

Battle said students who are under a tight schedule could still find ways to exercise on a daily basis as they walk around campus.

"Exercise as you walk to and from class," he said. "Park your car at a distance away that allows you to at least walk sometimes. Rather than taking the elevator to class, walk up the stairs, and don't rely on all the technological gadgets."

Battle said childhood obesity is an especially troublesome trend for the future of America.

"We need to make sure that our children don't get obese while they are very young, because if you get obese when you are very young, you develop excess fat cells," Battle said, adding that it is harder to change a behavior that has been with somebody since his or her upbringing.

"America as a nation needs to go back to making sure that its students are physically fit coming into elementary school and throughout high school, so that everyone is prepared to see that physical fitness is something that we all aspire to and not just people who are athletically inclined," Battle said.

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Calendar

Music

Le Tigre will perform with Lesbians on Ecstasy and Robosapien at 9 p.m. on Friday at The Fillmore in San Francisco. Tickets are \$20 and are available by calling Ticketmaster at 998-TIXS.

7 Shot Screemers will perform with River City Rebels at 9 p.m. on Nov. 27 at The Blank Club in San Jose. Tickets are \$7 and are available online at www.ticketweb.com.

Scorpions will perform with Tesla and Keith Emerson at 7 p.m. on Dec. 3 at the HP Pavilion. Tickets range from \$25.50 to \$49.50 and are available by calling Ticketmaster at 998-TIXS.

Performing Arts

Picnic will run from Saturday through Sunday at the Lucie Stern Theater in Palo Alto. Tickets range from \$18 to \$29 and are available by calling the theater at (650) 329-0891.

Art

American Values, a post-election exhibit featuring SJSU artists, will continue its run until Thursday at Gallery 3 in the Art building on campus.

Nunca Mas/Never Again, an exhibit featuring art that reflects Argentina's "dirty war" from 1976 to 1983, will continue its run until Dec. 17 at the Natilie and James Thompson Art Gallery in the Art building on campus. For more information, call 924-4723.

Comedy

Pharaoh, an SJSU alumnus turned comedian, will be performing Thursday through Sunday at the Avalon Nightclub in Santa Clara. Discount student tickets are available in the Student Life Center on campus. For more information, call 241-0777.

Film

The San Jose Jewish Film Festival will continue its run through Sunday at Camera 12 Cinemas. For more information, call 874-5907.

The 8th International Latino Film Festival will come to theaters in San Jose from Thursday to Sunday. For more information, call (415) 453-3769.



Rao Nandur, a cashier at the Towne Theatre at 1433 The Alameda in San Jose, charges a customer before letting him enter the movie theater.

Bollywood blends cultures

By Nami Yasue
Daily Staff Writer

Bollywood is the dream factory for many Indians who want to be stars. Bollywood, a nickname given to the popular Indian film industry during the mid-20th century, is the blending of Bombay and Hollywood.



Although Bombay has now officially changed its name to Mumbai, the nickname Bollywood still remains. India has turned out more motion pictures each year.

Bollywood films are usually joyous, colorful and make the audience relaxed. Like Hollywood, Bollywood films are created in large studios with famous Indian stars to make profit.

However, Bollywood films have some unique characteristics. They are mainly love stories, which are like dream versions of reality. Bollywood films extensively use singing and dancing, and the characters dress up with elaborate, brightly colored costumes.

Chirag Bhalgami, graduate student from India studying computer engineering, said Bollywood is a 100-year-old industry.

Bhalgami said he often finds emotional feelings through Hindi songs in Bollywood films.

Although many recent songs are influenced by western music, most lyrics of Bollywood songs are poetic and still carry the traditional Indian emotions and expressions, he said.

Susan Jeffers, senior marketing major who is originally from Mumbai, India, said mainstream Bollywood films are commercial and melodramatic.

But since late '90s, more independent films with complicated storylines and characters began to come out, she said, and genres of Bollywood films are more explicit today.

"People are more (appreciative) of the movies now," Jeffers said.

Women's roles have especially become more diverse and women have begun to have more recognition, and the expression of sexuality has been more open, she said.

For example, she said, kissing has been shown onscreen and women now can have multiple relationships with different men in a film.

However, she said she has been offended that women are often seen as sexual objects because of those images.

Although Mumbai is the dream place for people in the Indian enter-

tainment industry, the city itself is not wealthy and lacks money and style, she said.

Instead, there is more poverty behind the gorgeous scenes, she said.

"It's nothing like Hollywood," Jeffers said.

Trideep Gogoi, junior computer engineering major, said he often watches Bollywood films because the films are unrealistic, emotional and dramatic.

"Bollywood movies are very unique," Gogoi said. "It's something very Indian."

Gogoi said films in other parts of the world are more realistic, but most of the Bollywood films must have happy endings.

"They are kind of like American soap operas, but more melodramatic," Gogoi said.

Gogoi said Bollywood films have been popular in the Middle East and Southeast Asia where people share similar family values.

On the other hand, Americans may have a hard time understanding Bollywood films, although more movie theaters, such as Century 20 in Milpitas, have begun showing Bollywood films in recent years, he said.

Gogoi said whenever he shows Bollywood movies to his American friends, the content never seems to make sense to them.

He added that watching Bollywood films are similar to watching cartoons, that the audience should not take the stories seriously and just go with the flow.

"It's almost like a religion," Gogoi said. "You have to be Indian to understand it."

Veena Birla, 49, owner of an Indian supermarket in Santa Clara called Bharat Bazar, said the recent images and songs in Bollywood are different from when she grew up in India.

During her 20s, songs were slower, more emotional and meaningful, and actresses dressed more modestly, Birla said.

Birla also said actresses now wear less clothing and are getting thinner because of the Western influences.

"Exposure is nowadays a beauty," Birla said.

In her 20s, sleeveless shirts and long, straight hair were the trends in Bollywood, she said. Nowadays, Bollywood's stars constantly change their hair colors and styles, she said.

Birla said although many in younger generations now prefer the latest trends in Bollywood, most still prefer watching the traditional types of films.

Birla expects that Bollywood will continue to show the traditional family melodrama in the future rather than sexually explicit love dramas, she said.

She said when her generation began to wear sleeveless shirts, the older generation probably felt the same way that she does today.

"We have to compromise for our new generation," Birla said.

Her two American-born sons aren't influenced by Bollywood trends, she said, and they are more comfortable watching Hollywood movies.

India's rich culture has a lot of beauty and more people from different backgrounds are interested in India, she said.

Today she has many American customers and 20 percent of them are non-Indians, Birla said.

Although the trends in Bollywood have changed in recent years, Bollywood films have always focused on traditional family values and conservative romantic relationships, and Bollywood is a good first step toward learning about India, she said.

Advantage evoke '80s video-game nostalgia

By Emmanuel Lopez
Daily Staff Writer

Few things really evoke wistful reminiscence for a child born in the 1980s quite like the original Nintendo Entertainment System.

REVIEW

I remember wasting time better spent on homework in front of the TV, buffing out my thumbs playing Nintendo while being bamboozled by bleeps and bleeps and thrilling game play.

The Advantage, a California-based band that covers tunes from classic Nintendo games, faithfully recreate these covers as part of their self-titled debut album.

For a video-game geek like me, The Advantage's debut full-length album is right up there on the list of all that is good and pure along with Sarah Michelle Gellar and "Super Street Fighter 2: Turbo".

At the same time, The Advantage, featuring Nick Rogers and Ben Miller on guitars, Carson McWhirter on bass and Spencer Seim on drums, also make one recall vivid feelings of anguish associated with stupidly hard video games that didn't have luxuries like memory cards and cheat codes.

The Advantage approach these covers with note-perfect precision, and they really bring an added dimension to each tune beyond the MIDI-derived beeps of yore to make something even the most ardent wallflower would dance to.

"Zelda — Fortress"

"Zelda — Fortress" covers the dungeon theme from the 1987 classic "The Legend of Zelda." McWhirter delivers with a punchy bass line that really sets the tone for this track, which is a lot darker and more sinister than some of the other fare offered on the album. Seim backs up the bass, laying down a complex beat. The song's a hell of a lot better with instruments than with computer-generated blips.

"Ninja Gaiden — Mineshaft"
This stage theme from the 1989



Photo courtesy of 5 Rue Christine Records

Teemo smash "Ninja Gaiden" gets a major revamp as a solid rock-based track. The original sounded pretty good, and this cover manages to do it justice and one-up it at the same time. However, I recalled fond (at least in hindsight) memories of spending hours trying to beat this game. Here's a sample memory:

"All right! I'm close to the end of this stage! I'll cross this platform — oh hell no! Now I got an eagle, a cheetah, a bat, a ninja and some fool with a machine gun all trying to kill me. Crap. I died. Bastards."

Ten years later, I finally beat this game, making me only one of 10 people to have done so. Thus, that makes me better than you people reading this.

"Super Mario Bros. 3 — Underworld"

This theme from the 1989 Nintendo hit is a catchy track and definitely the best song to dance to out of the whole album. Bombastic drum beats combine with quirky riffs to make for a funky track that listeners can definitely groove to — or use as the beat of a rap song. Is it just me, or did Raccoon Mario seem really freaky? I mean, when he touched the leaf power-up and grew ears and a tail and stuff. Dude, that had to have hurt. And since when did raccoons fly anyhow?

"The Advantage"

Artist: The Advantage
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Spartans set up for WAC tournament

By Emmanuel Lopez
Daily Staff Writer

The Spartan volleyball team will travel to Reno this weekend to take part in the Western Athletic Conference championship tournament.

SPARTAN VOLLEYBALL FROM THE BACK ROW

NOTEBOOK

San Jose State University, which is 14-12 overall and 5-8 in conference play, finds itself in familiar territory as the sixth seed.

Last season, SJSU was the sixth seed and pulled off two straight upsets against Fresno State University and Southern Methodist University to advance to the championship round against the University of Hawai'i.

SJSU will start the tournament against the third-seeded University of Nevada-Reno, which is 18-7 overall and 10-3 in the conference, at 5:30 p.m. on Friday at the Virginia Street Gym.

This is the third meeting this season between the two teams and the second in two weeks. Nevada took both games in the season series, both of which were three-game sweeps.

Spartan head coach Craig Choate said it is difficult to predict the outcome of this season's tournament.

"It's really anyone's game," Choate said. "The conference, particularly the western division, has far and away gotten stronger."

Choate said the team has only one goal on its mind coming into the WAC tournament.

"We're going to play hard and win," Choate said.

Nevada has a lot of things going in its favor as the home team, Choate said.

"They don't have to make the trip to Reno," Choate said. "And as the home team they'll have one of the two late matches in the first round."

Nevada is also under tremendous pressure to win, Choate said.

"I think Nevada has the most to lose in this tournament," Choate said. "They're on the bubble for a bid in the NCAA tournament. They really need to do well in the WAC tournament to have a shot."

Sophomore middle blocker Dyana Thompson, who is third on the team in total blocks with 55, said the Spartans are better prepared to play against the Wolf Pack than in previous matches.



Daily File Photo

"We know what to expect," Thompson said. "And the third time will definitely be a charm."

Sophomore defensive specialist Jessie Shull, who is averaging 5.36 digs a game, agreed with Thompson and recalled how the Spartans re-

sponded when faced with a similar situation during the 2003 season.

"Fresno beat us in both matches during the season," Shull said. "But we came back and won when it mattered most. We're ready to do it again this season."

Shull also said the Spartans are able to pull off an upset against the Wolf Pack in the first round.

"We're capable of doing it," Shull said. "It's not like they're unbeatable."

Although the Spartans ended the 2004 conference season on a six-match losing streak, Shull said the team has gotten a second wind after the final WAC match against Hawai'i on Friday.

"We picked it up in the game against Hawai'i," Shull said. "We might not have won, but we were playing a lot better than in past weeks. I think we're back in the swing of things."

Senior middle blocker Dana Rudd, who leads the team in total blocks with 102, agreed with Shull.

"We played a lot better in Hawai'i than before," Rudd said. "I'd say we're back and ready for this weekend."

Thompson said the tournament atmosphere is drastically different from the regular season.

"It's a volleyball circus," Thompson said.

Thompson added that the tournament is a clean slate for all the teams participating.

"It really feels like its own thing apart from the regular season," Thompson said. "It's fun but also a lot more competitive at the same time."

Rudd, who has posted 201 kills, said the excitement is overwhelming.

"It's really fun and exciting," Rudd said. "The time just goes by so fast."

Shull said going to Reno at this time of the year is always a lot of fun.

"We always seem to get good weather when we go to the tournament," Shull said. "It's way better than L.A. at this time."

Choate said it's not uncommon for different teams to run into each other during tournament downtime.

"We're pretty much stuck in the hotels for the weekend," Choate said. "We cross paths with a lot of other teams quite often."

Right now the main goal is to focus on the upcoming match against Reno, Choate said.

"We're going to focus on the first round and not try to look too far in advance," Choate said.

Thompson agreed with her coach and said all the teams are capable of winning the championship.

"It's all up in the air," Thompson said. "You can't predict anything."

Choate said the team isn't doing anything different to prepare for the WAC tournament.

"We're going to do what we've done all season," Choate said. "We're going to show up, play as hard as we can and see what happens."

SJSU regroup for Pacific

By Kevin Yuen
Daily Staff Writer

Although the loss in the exhibition game on Friday showed the Spartan men's basketball team needs to improve, center Matt Misko remains optimistic.

MEN'S BASKETBALL

IN THE PAINT

NOTEBOOK

"We need to be ... a lot more focused," Misko said.

However, Misko, who scored 11 points in the game, said the team would be ready to begin the regular season come its game at 2 p.m. on Saturday at the Event Center against the University of the Pacific.

"The competition is coming up," he said. "It's a real game and we're still 0-0."

Spartan assistant coach Dennis Cutts said last week's loss was a little expected.

"You have many new guys playing who are getting used to playing together and trying to run a system that they just learned for about three weeks," he said, "and you're playing against a team that's been together, that played in three or four games already."

Forward Alex Elam, who scored 13 points in Friday's game, said the contest re-emphasized what the Spartans need to work on.

"It's not really anything new," he said. "We just need to get better at what we're doing. We have to cut down on turnovers and make sure our defense is OK."

Guard Eric Bloom said the team as a whole learned to play under pressure.

"It was the first game, (we got some) nerves out of the way," he said. "So we just keep playing hard."

Cutts said the Tigers are an experienced squad and will be a great challenge.

"This is the real deal," he said. "They're a real talented team, they have seven seniors. They're coming off a great season last year."

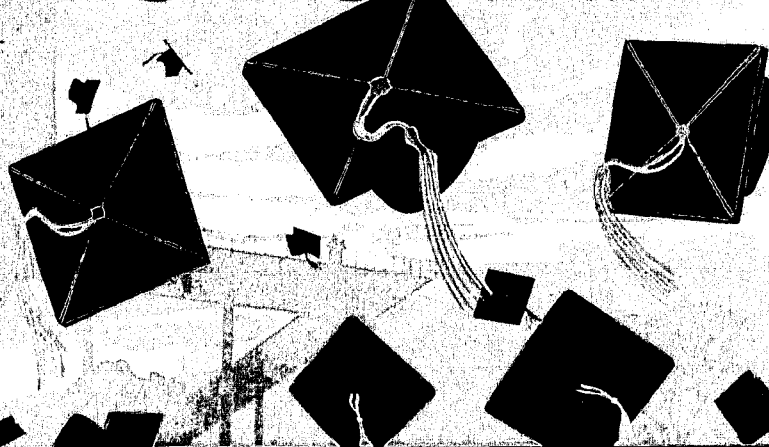
Last season, the Spartans fell to the Tigers 76-65.

"We went over last year and we had a shot to win it in regulation and the team lost in overtime," Cutts said.

Cutts added that the Tigers have played together in a tournament earlier this season.

"They're probably a little ahead execution-wise, and that's something we need to continue to grow at," he said.

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Lives in balance

Photos by Benjamin Favela
and Eliza Gutierrez



Tracie Kavalec practices her beam routine in Spartan Complex. This is her second season with the team.



Rebecca Ronzio, a junior criminal justice administration major, points her toes on the balance beam during the gymnastics team's practice in Spartan Complex on Tuesday.

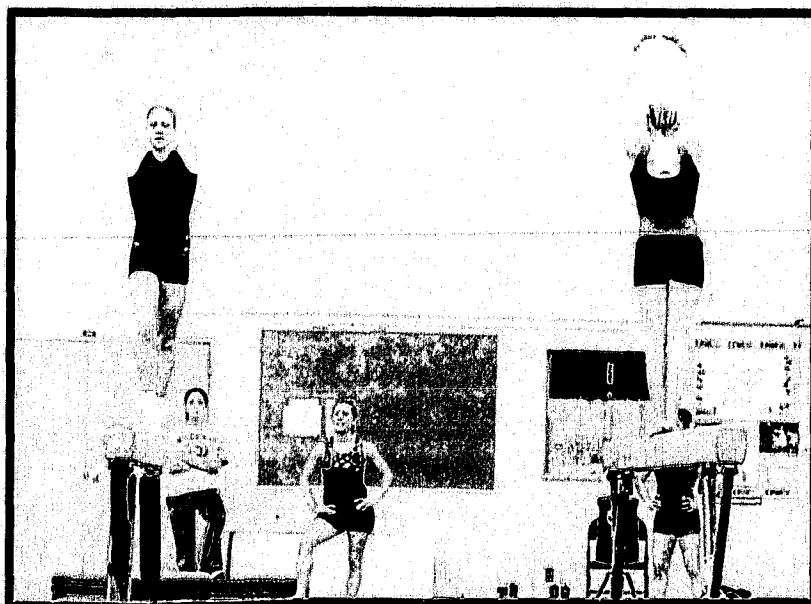


Monica Zamolo and Erin Thomas practice poses on the balance beam.

RIGHT: The San Jose State University gymnastics team practices in Spartan Complex. The team's regular season begins in January.



Undeclared sophomore Tracie Kavalec does the splits while practicing on the balance beam during the gymnastics team's practice in Spartan Complex on Tuesday. Kavalec is framed in the arm of teammate Rebecca Ronzio.





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Call backs on Sunday, December 12th. Time TBD.
- Must be 18 years of age by December 11, 2004
- Register online at www.sanjosesabercats.com
and click on the SaberKitten button, or call
408-573-5577 and ask for an application.
- SEASON TICKETS and GROUP TICKETS
are now on sale.
- Check www.sanjosesabercats.com for
all the details. Great football, great
fun and affordable prices.

**Best way to register is
via the website.**

www.sanjosesabercats.com

Fill out the online application and either mail or fax back.

